



Course Specification

— (Bachelor)

Course Title: **Health Assessment**

Course Code: **NRS 241**

Program: **Bachelor Degree in Nursing Science**

Department: **Nursing (NRS)**

College: **College of Nursing**

Institution: **Majmaah University**

Version: **V4**

Last Revision Date: **June 2023**



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A. General information about the course:

1. Course Identification

1. Credit hours: 2 (2+0+0)

2. Course type

- A. University College Department Track Others
- B. Required Elective

3. Level/year at which this course is offered: (2nd year 4th level)

4. Course general Description:

This course designed to provide students with knowledge and skills required for assessment of individual's health status during health and illness. Students are directed to use effective communication skills to collect data about health history required for the performance of physical examinations based on the functional health patterns that affect the individual's health status. Knowledge from medical sciences and critical thinking are used to determine any health alterations of the individual.

5. Pre-requirements for this course (if any):

NRS 233

6. Pre-requirements for this course (if any):

NRS 242

7. Course Main Objective(s):

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	30	100
2	E-learning		
3	Hybrid <ul style="list-style-type: none"> • Traditional classroom • E-learning 		
4	Distance learning		





No	Mode of Instruction	Contact Hours	Percentage
	Other		

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	30
2.	Laboratory/Studio	
3.	Field	
4.	Tutorial	
5.	Others (specify)	
Total		30

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
K1.1	Describe the nurses' role in health assessment.	KPI45	Lecture, group discussion, collaborative learning	Written exams
K2.2	Identify the essential component of patient history.	KPI25	Lecture, group discussion, collaborative learning	Written exams
K2.1	Distinguish normal from abnormal findings in health assessment of all body system.	KPI42	Lecture, group discussion, collaborative learning	Written exams and assignment
K3.1	List the techniques required for assessment of all body system.	KPI04	Lecture, group discussion, collaborative learning	Written exams
2.0	Skills			
S3.1	Record patient history and physical findings using problem-oriented approach and appropriate IT system.	KPI18	Lecture, group discussion, collaborative learning	Assignment





Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
3.0	Values, autonomy, and responsibility			
V2.1	Demonstrate collaboration in the discussion of principles and methods of effective interviewing techniques to elicit pertinent subjective data.	KPI44	Lecture, group discussion, collaborative learning	Assignment, professionalism and group discussion
3.2				
...				

C. Course Content

No	List of Topics	Contact Hours
1. 1	Orientation and Introduction to Health Assessment Course introduction and laboratory rules and regulations/instructions	2
2. 2	Techniques of Physical Assessment and the General Survey Inspection, Palpation, Percussion, Auscultation, Positioning, And Equipment Used During Physical Examination	2
3	Assessing of the Integumentary System Skin, Scalp, Hair, and Nails	2
4	Assessing of the head and Neck Head, Eyes, Ears, Nose & sinuses, Mouth, Pharynx, and Neck	2
5	Assessing the Respiratory System Identify Landmarks of Chest, Survey, Inspection of the Thorax, Palpation of the Posterior thorax, Percussion of the Posterior Thorax, Auscultation of the Posterior Thorax, Palpation of the Anterior Thorax, Percussion of the anterior thorax, and Auscultate of the Anterior Thorax	2
6	Assessing the Cardiovascular System Heart and Vascular system	2
7	Assessing the Breast and Axilla	2
8	Assessing of the abdomen Landmarks of abdominal region, Inspection, Auscultation, Palpation, and Percussion	2
9	Assessing the Urinary System	2
10	Assessing the Reproductive System	2
11	Assessing the Peripheral Vascular System	2
12	Assessing of the Musculoskeletal System Inspection, Palpation, Muscle tone and Strength and Range of joint motion.	2
13	Assessing of the Neurologic System Mental status, Cranial Nerves, Motor Function, Sensory Function, Reflexes, and Additional	2





**	Revision	2
Total		30

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Quiz	6 th week	10%
2.	Assignment	12 th week	10%
3.	Professionalism and group discussion	13 th week	10%
	Midterm exam	14 th - 15 th week	30%
	Final exam	17 th - 18 th week	40%
...			100%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	Lynn S. Bickley, Bate's Guide to Physical Examination and History Taking. 11th Ed. Lippincott: Williams & Wilkins, 2012.
Supportive References	Janet W. & Jane H., Health Assessment in Nursing. 5th Ed. Lippincott: Williams & Wilkins, 2013. Carolyn Jarvis, Physical Examination and Health Assessment. 6th Ed. Elsevier Saunders Co, 2011. Thompson, J. & Wilson, S. Health Assessment for Nursing Practice. 4th Ed. St. Louis, Mosby: Elsevier, 2009.
Electronic Materials	British Medical Journal Journal of Advanced Nursing Practice American Journal of Nursing
Other Learning Materials	A collection of CDs is available in the laboratory.

2. Required Facilities and equipment

Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	Lecture rooms should be large enough to accommodate 30 students Well-equipped Nursing lab suitable for 10 – 15 students



Items	Resources
Technology equipment (projector, smart board, software)	One computer, projector, active-board, video set connected to projector
Other equipment (depending on the nature of the specialty)	NA

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Faculty	<ul style="list-style-type: none"> • CLO Mapping with teaching and assessment. • Course blueprinting • Grade analysis Psychometric analysis
Effectiveness of Students assessment	Students	Course Evaluation Survey Quality of Exam Survey
Quality of learning resources	Student / Faculty	
The extent to which CLOs have been achieved	Faculty member / Quality assurance committee	
Other		

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	DEPARTMENT COUNCIL
REFERENCE NO.	4
DATE	19.09.2023

