



# Course Specification

— (Bachelor)

Course Title: **Adult and Geriatric Health Nursing II / Theory**

Course Code: **NRS 351**

Program: **Bachelor of Nursing**

Department: **Adult Nursing Department**

College: **College of Nursing**

Institution: **Majmaah University**

Version: **V4**

Last Revision Date: **June 2023**



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## A. General information about the course:

### 1. Course Identification

1. Credit hours: (3 (3+0+0))

#### 2. Course type

A.  University  College  Department  Track  Others  
B.  Required  Elective

3. Level/year at which this course is offered: (Level 5 / Year 3)

#### 4. Course general Description:

This course is a continuation to Adult and Geriatric Health Nursing 1 and it introduces the nursing students to the basic principles of nursing care and management of adult health problems related Selected alterations in health experienced by the adult and geriatrics client (i.e. renal, musculoskeletal, nervous, immunology, eye and ear, integumentary and infectious diseases). These principles will assist students to provide the comprehensive nursing care needed to meet their needs by utilizing the nursing process.

#### 5. Pre-requirements for this course (if any):

NRS 243

#### 6. Co-requirements for this course (if any):

NRS 352

#### 7. Course Main Objective(s):

The main purpose of this course is to introduce nursing students to basic theoretical concepts of nursing care and management of adult and geriatrics health problems related to renal, musculoskeletal, nervous, and immune, eye and ear, integumentary and infectious diseases.

### 2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	45	100
2	E-learning		
3	Hybrid <ul style="list-style-type: none"> <li>• Traditional classroom</li> <li>• E-learning</li> </ul>		
4	Distance learning		





### 3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	45
2.	Laboratory/Studio	
3.	Field	
4.	Tutorial	
5.	Others (specify)	
<b>Total</b>		<b>45</b>

### B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
<b>1.0</b>	<b>Knowledge and understanding</b>			
K.1.1	Recall the Anatomy & Physiology of urinary, neurological, musculoskeletal, integumentary, male reproductive, and sensory systems. KPI14	K1	Lecture and handouts	Written exams
K.2.2	Outline the etiology, pathophysiology, clinical manifestations, diagnostic tests, and various modalities of treatment for variety medical & surgical conditions that affect urinary, neurological, musculoskeletal, integumentary, male reproductive and sensory systems. KPI42	K2	Group discussion and lecture	Written exams Assignment





Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
<b>2.0</b>	<b>Skills</b>			
S.1.1	Develop nursing care plans for patients with variety medical & surgical conditions that affect respiratory, cardiovascular, gastrointestinal, and endocrine systems in addition to blood and fluid and electrolytes balance. KPI06	S1	Group discussion and lecture	Written exams Rubric for group presentation
S.3.2	Compare the normal and abnormal findings in a variety of clinical investigations. KPI02	S3	Group discussion and lecture	Written exams Assignment
<b>3.0</b>	<b>Values, autonomy, and responsibility</b>			
V1.1	Use critical thinking to make clinical decisions, prioritize and organize care for adults with multiple and complex medical-surgical problems. KPI09	V1	Assignments	Rubric for Assignment

### C. Course Content

No	List of Topics	Contact Hours
1.	Unit 1: Care of Clients with Urinary Tract Disorders. Assessment of Renal and Urinary Tract Function. And Management of Patients with Renal Disorders.	6
2.	Unit 2: Care of Clients with Neurologic Disorders. Assessment of Neurologic Function, Management of Patients with Neurologic Dysfunction. Cerebrovascular Disorders, Neurologic Trauma, Neurologic Infections, Autoimmune Disorders, and Neuropathies and Oncologic or Degenerative Neurologic Disorders.	12
3.	Unit 3: Care of Clients with Musculoskeletal Disorders. Assessment of Musculoskeletal Function, Management of Patients with Musculoskeletal Disorders and Musculoskeletal Trauma.	6
4.	Unit 4: Care of Clients with Integumentary Disorders. Assessment of Integumentary Function, Management of Patients with Dermatologic Problems and Burn Injury.	6





5.	Unit 5: Care of Clients with Sensorineural Disorders. Assessment and Management of Patients with Eye and Vision Disorders. Assessment and Management of Patients with Hearing and Balance Disorders.	6
6.	Unit 6: Care of Clients with Immunologic Disorders. Assessment of Immune Function, Management of Patients with Immunodeficiency and HIV Infection and AIDS, Assessment and Management of Patients with Allergic Disorders, Assessment and Management of Patients with Rheumatic Disorders.	6
7.	Unit 7: Oncology Nursing	3
<b>Total</b>		<b>45</b>

## D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Quizzes	4th & 6th	10%
2.	Midterm Exam	9th	30%
3.	Assignment	8th -12th	10%
4.	Group presentation	11th – 12th	5%
5.	Professionalism & Discussion	15th Week	5%
6.	Final Exam	17th -18th	40%

\*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

## E. Learning Resources and Facilities

### 1. References and Learning Resources

<b>Essential References</b>	<p>Smeltzer S. C., Bare B. G., Hinkle J. L., and Cheever K. H. (2010) Brunner and Suddarth's Textbook of Medical- Surgical Nursing. (12th Ed). Lippincott Williams and Wilkins Publishers.</p> <p>Weber, Janet and Kelley, Jane H (2013), Health Assessment in Nursing, (5th Ed). Lippincott William &amp; Wilkins publishers.</p> <p>Kozier, B., Erb. G., &amp; Berman,A.(2009) Fundamentals of Nursing: concepts. Process and practice. City, Ca; Addison-(6th Ed.). Redwood Wesley.</p>
<b>Supportive References</b>	<p>Weber, Janet and Kelley, Jane H (2013), Health Assessment in Nursing, (5th Ed). Lippincott William &amp; Wilkins publishers.</p> <p>Kozier, B., Erb. G., &amp; Berman,A.(2009) Fundamentals of Nursing: concepts. Process and practice. City, Ca; Addison-(6th Ed.). Redwood Wesley.</p>
<b>Electronic Materials</b>	<a href="http://www.sdl.edu.sa">www.sdl.edu.sa</a>





	<p><a href="http://www.findarticles.com">www.findarticles.com</a></p> <p><a href="http://www.emedicine.com">www.emedicine.com</a></p> <p><a href="http://www.allnurses.com">www.allnurses.com</a></p> <p><a href="http://www.nurse.com">www.nurse.com</a></p> <p><a href="http://www.medsapenurses.com">www.medsapenurses.com</a></p> <p><a href="http://www.practicalclinicalskills.com/">www.practicalclinicalskills.com/</a></p> <p><a href="http://www.nursingcenter.com/clinical-resources/practice-specialties/medical-surgical-nursing">www.nursingcenter.com/clinical-resources/practice-specialties/medical-surgical-nursing</a></p>
<b>Other Learning Materials</b>	NA

## 2. Required Facilities and equipment

Items	Resources
<p><b>facilities</b></p> <p>(Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)</p>	Number of seats 30 to 40.
<p><b>Technology equipment</b></p> <p>(projector, smart board, software)</p>	Podiums with projectors at each classroom
<p><b>Other equipment</b></p> <p>(depending on the nature of the specialty)</p>	NA

## F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students	CES, SES, PES Quality of Exam Survey
	Faculty	CLO Mapping with teaching & assessment. Course Blueprinting Grade Analysis Psychometric Analysis
	QA and Program Leaders	Management Review
Effectiveness of Students assessment	Faculty	DAS
	Peer Review	Grade Verification
Quality of learning resources	Students	CES, SES, PES
	Faculty	FES, CR
	QA and Program Leaders	Management Review
The extent to which CLOs have been achieved	Faculty	DAS, CR
	QA and Program Leaders	Management Review
Other		

**Assessors** (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

**Assessment Methods** (Direct, Indirect)





## G. Specification Approval

<b>COUNCIL /COMMITTEE</b>	<b>DEPARTMENT COUNCIL</b>
<b>REFERENCE NO.</b>	<b>4</b>
<b>DATE</b>	<b>19.09.2023</b>

