



Course Specification

(Postgraduate Programs)

Course Title: : Nursing Theories
Course Code: 612
Program: Master of Science in Nursing (MSN)
Department: CAMS
College: College of Nursing
Institution: Majmaah University
Version: TPG-153 2024
Last Revision Date: 12/9/2024



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A. General information about the course:

1. Course Identification:

1. Credit hours: 3(3+0+)			
2. Course type			
A.	<input type="checkbox"/> University	<input type="checkbox"/> College	<input type="checkbox"/> Department <input type="checkbox"/> Track
B.	<input checked="" type="checkbox"/> Required		<input type="checkbox"/> Elective
3. Level/year at which this course is offered: (Level 1 / Year 1)			
4. Course General Description:			
<p>In this course the nature, process and the evolution of contemporary nursing theories will be explored. Selected nursing theories, models and frameworks that are used in the nursing profession will be analyzed critically. Application of theoretical concepts to solve nursing problems in diverse societal settings will be addressed.</p>			
5. Pre-requirements for this course (if any):			
None			
6. Pre-requirements for this course (if any):			
None			
7. Course Main Objective(s):			
<p>A graduate student will be able to:</p> <ol style="list-style-type: none"> 1. Discuss the role of knowledge development in the evolution of the discipline of nursing, nursing science, and advanced nursing practice. 2. Analyze the congruency among assumptions, concepts, and propositions in middle range theories in nursing and related disciplines. 3. Discuss the use of theory in evidence-based practice, ethical decision making, and research. 4. Examine evidence from practice to develop and refine theoretical perspectives. 5. Examine selected middle range theories in health promotion, behavioral change, family functioning, and health care delivery for applicability and ethical decision making to advanced nursing care situations in multicultural environments. 6. Apply an appropriate middle range theory to patient/client/health care delivery situations in advanced practice, research, education, or administration. 			

2. Teaching Mode: (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	45	100%





No	Mode of Instruction	Contact Hours	Percentage
2	E-learning		
3	Hybrid <ul style="list-style-type: none"> • Traditional classroom • E-learning 		
4	Distance learning		

3. Contact Hours: (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	45
2.	Laboratory/Studio	
3.	Field	
4.	Tutorial	
5.	Others (specify).....	
	Total	45

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods:

Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
K2.1	Identify the basic characteristics of a theory and the complex characteristics of nursing theories.	K2	Lecture discussion	Assignment, discussion, application exercise
K3.1	Describe the development of nursing theories.	K3	Lecture discussion	Assignment, discussion, application exercise
...				
2.0	Skills			
S3.1	Analyze and critique a selected nursing theory using specified criteria.	S3	Lecture discussion	Assignment and discussion
2.2				





Code	Course Learning Outcomes	Code of PLOs aligned with program	Teaching Strategies	Assessment Methods
...				
3.0	Values, autonomy, and responsibility			
V1.1	Demonstrate how theory is used in a variety of roles and settings to guide advanced nursing.	V1	Lecture discussion	Assignment
...				

C. Course Content:

No	List of Topics	Contact Hours
1.1	Unit 1: Philosophy of Science: An introduction The Evolution of Nursing Science	6
2.2	Unit 2: Theory in Practice <ul style="list-style-type: none"> • Components and Levels of Abstraction in Nursing Practice Theories in Nursing Practice	15
3	Unit 3: Introduction to Complexity Science <ul style="list-style-type: none"> • Critical Theory and Emancipatory Science • Feminist Ethics, Some Applicable Thoughts • Theories and Methods in Ethics • Educational and Learning Theories • Health Behavior Theories • Theories Focused on Interpersonal Relationships • Environmental Philosophies and Theories • Economic Theories • Theories of Organizational Behavior Theoretical Approaches to Quality Improvement	18
4	Unit 4: Theory Testing and Theory Evaluation Using Theory as Evidence in Advance Nursing Practice	6
Total		30 Lecture





D. Students Assessment Activities:

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1. 1	Project	8 th week	20%
2. 2	Midterm examination	10 th week	30%
3. 3	Professionalism and Group Discussion	15 th week	10%
4. 4	Final examination	16 th week	40%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.)

E. Learning Resources and Facilities:

1. References and Learning Resources:

Essential References	<p>a. Alligood, M. R. (2017). <i>Nursing Theorists and Their Work-E-Book</i>. Elsevier Health Sciences.</p> <p>b. Freese, B., & Lawson, T. G. (2013). Systems model. <i>Nursing Theorists and Their Work-E-Book</i>, 309.</p> <p>c. Smith, M. C., & Parker, M. E. (2015). <i>Nursing theories and nursing practice</i>. FA Davis.</p>
Supportive References	<p>a. Blais, K. (2015). <i>Professional nursing practice: Concepts and perspectives</i>. Pearson.</p> <p>b. McEwen, M., & Wills, E. M. (2017). <i>Theoretical basis for nursing</i>. Lippincott Williams & Wilkins.</p> <p>c. Alligood, M. R. (2014). Areas for further development of theory-based nursing practice. <i>MR Alligood (Ed.), Nursing theory: Utilization & application</i>, 414-424.</p> <p>d. Fitzpatrick, J. J., & Whall, A. L. (Eds.). (2015). <i>Conceptual models of nursing: Global perspectives</i>. Pearson Education.</p>
Electronic Materials	<ul style="list-style-type: none"> • www.sdl.edu.sa • www.findarticles.com • www.emedicine.com • www.allnurses.com • www.nurse.com <li style="text-align: right;">• www.medscapenurses.com
Other Learning Materials	Web-based question bank and assessment test

2. Educational and Research Facilities and Equipment Required:





Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	Classroom / Computer Lab.
Technology equipment (Projector, smart board, software)	Smart board / Question-bank software
Other equipment (Depending on the nature of the specialty)	

F. Assessment of Course Quality:

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Student	Direct
Effectiveness of students assessment	Student	Direct
Quality of learning resources	Student	Direct
The extent to which CLOs have been achieved	Student	Direct
Other		

Assessor (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval Data:

COUNCIL /COMMITTEE	ACADEMIC COUNCIL MEETING
REFERENCE NO.	DEPARTMENT MEETING MINUTES NO 4
DATE	5/9/2024

