* **Community Resources for the Elderly**
* Dr. Khalid El Tohami
* Objectives
* At the end of the session student should be able to:
* Discuss the roles of ministry of social affairs for caring the elderly.
* Analyze the role of ministry of health in geriatric care.
* Evaluate the importance of supportive and charity organizations for old peoples.
* وَقَضَى رَبُّكَ أَلاَّ تَعْبُدُواْ إِلاَّ إِيَّاهُ وَبِالْوَالِدَيْنِ إِحْسَانًا إِمَّا يَبْلُغَنَّ عِندَكَ الْكِبَرَ أَحَدُهُمَا أَوْ كِلاَهُمَا فَلاَ تَقُل لَّهُمَآ أُفٍّ وَلاَ تَنْهَرْهُمَا وَقُل لَّهُمَا قَوْلاً كَرِيمًا . وَاخْفِضْ لَهُمَا جَنَاحَ الذُّلِّ مِنَ الرَّحْمَةِ وَقُل رَّبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا . {الإسراء/23-24}
* قال النبي صلى الله عليه وسلم { إن من إجلال الله إكرام ذي الشيبة المسلم.. } أخرجه البخاري،
* كما أخرج الترمذي عن أنس رضي الله عنه قال: جاء شيخ يريد النبي صلى الله عليه وسلم فأبطأ القوم عنه أن يوسعوا له فقال النبي صلى الله عليه وسلم { ليس منا من لم يرحم صغيرنا ويوقر كبيرنا }.
* History
* The services started with King Abdul Aziz Al Saud by offering the elderly fund and hosting them in hostels
* Shifted to the General Presidency for orphanages at 1375
* In 1380 the General Presidency for orphanages joined to the Ministry of Labour and Social Affairs
* The Activities of Ministry of Social Affairs
* General Administration for the care and guidance

The overall objective

* To develop the general policy for the social guidance , education and reform of social groups with the principles of Shari'a and scientific methods,
* Offering services across three departments of juvenile care, care for the elderly, and management anti-begging.
* Department of Care for the Elderly Activities
* The social care hostels
* Receives elderly(above 60) - of both sexes - who are without relatives and unable to work or to take care of themselves, they must be free from infectious diseases or mental illness,
* To be close to the natural family life
* To enjoys the sense of independence, comfort, security and tranquility,
* To provide them full social , health, psychological, physical therapy care ,
* To allow them practicing some handwork and artwork
* Providing pocket money (60 rials per month).
* Home care program: -
* To care for the elderly at his home and within his family
* To provide him with medical care as needed,
* The medical team pay the visits according to planned schedule,
* The team consisting of a doctor and nurse and a psychiatrist or a psychologist and a social worker and physiotherapist
* The programs offered a regular visits and trips in order to connect them to the outside community and the elimination of their sense of isolation.

* There are currently ten hostels distributed throughout the Kingdom (Riyadh for males- Riyadh for females - Onaiza - Wadi Al Dawasir - Dammam - Al-Jouf - Medina - Abha - Makkah - Taif).
* General Administration of Medical Services
(Ministry of Social Affairs)
* To serve special groups in the hostels
* **Objectives:**
* To provide comprehensive health services(Preventive, curative and rehabilitative)
* Provide health education and rehabilitation to the special groups in the home care programme
* Provide medical care at hostels
* Intersectoral cooperation
* Activities of the General Administration of Medical Services
(Ministry of Social Affairs)
* Planning for preventive and curative services for the elderly and disabled in the hostels.
* Follow up care for special medical cases.
* The provision of medical and nursing staff.
* Health education
* Medical reports
* The Ministry of Health Program in Geriatric Care.
* Vision: to enjoy active healthy long-life.
* Mission: to protect and improve the health of the elderly by providing comprehensive health services.
* Objectives
* General Objective:
* Maintain and improve the elderly health and quality of life , through provision of integrated and comprehensive health services, easily accessible and sustainable
* Specific objectives:
* Early diagnosis and management for physical, mental, psychological and social problems
* Decrease the mortality, morbidity and disability rates.
* Promotion of health and active aging and improve their quality of life.
* Implementation of the concept of the friendly PHC
* Health education
* Promotion of their social lives.
* Integration and collaboration with other authorities.

* Charity Organizations
* Organized and registered by the ministry at 1395H.
* Activities and Programs Charity Organizations
* Education, training and rehabilitation programs.
* Health care programs.
* Elderly and disabled care programs.
* Housing programs.
* etc