

## **RESUME**

### **PERSONAL PROFILE**

**Name** : Dr. Minaz Inamdar Shaikh

**Qualification** : **MPT – Pediatrics (Gold Medalist)**

**Date of Birth** : 7<sup>th</sup>- May 1981

**Age** : 36 Years

**Sex** : Female

**Marital Status** : Married

**Nationality** : Indian

**Present Address** : **W/o Dr. Saleem Shaikh,  
College of dentistry – Majmaah University;  
Al Zulfi - Kingdom of Saudi Arabia.  
Tel – 06 4226927**

**Permanent Address** : #001, 'F' block – Akshay Park  
Gokul Road; Hubli; KARNATAKA - INDIA

**Phone no** : 0533400598  
0535743847

**e-mail** : [naazss81@yahoo.com](mailto:naazss81@yahoo.com)  
[m.shaikh@mu.edu.sa](mailto:m.shaikh@mu.edu.sa)

## ACADEMIC PROFILE

- **Masters in physiotherapy (MPT) -**  
**Branch - Pediatric Physiotherapy (Gold Medal)**  
Srinivas College of Physiotherapy - Mangalore, Karnataka  
(Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka)  
Date of completion: 29<sup>th</sup> June 2007
- **Bachelor Of Physiotherapy (BPT) -**  
Jawaharlal Nehru College of Physiotherapy, Belgaum, Karnataka  
(Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka)  
Date of completion: 16<sup>th</sup> August 2004

## PROFESSIONAL EXPERIENCE

### Academic Experience :

- Working as a lecturer in College of Applied Medical Sciences, Department of Physical Therapy from December 2014.
- 1. Member of Academic committee.
- 1. Member of Examination committee.
- Worked as a senior lecturer in **Harsaran Dass College of Physiotherapy**, Ghaziabad, Delhi from August 2007 to October 2008 (experience - 1 year 2 months)
- Worked as a senior lecturer in **Krishna college of Physiotherapy Karad** from Dec 2008 to March 2010 (Experience – 1 year 4 months)
- Worked as a senior lecturer in **Career College of Physiotherapy – Bhopal** from April 2010 to August 2010 (Experience – 6 months)

### Clinical Experience :

- Worked as a junior physiotherapist for 6 months in **City Hospital (multi-specialty)** Karad, Maharashtra.

- Incharge – Department of Neurodevelopmental therapy, Krishna Hospital Karad.  
Duties include treating NICU, PICU and OPD patients
- Worked as a consultant Pediatric Physiotherapist in Harichhaya Children Hospital; Dhule.

## **INTERNSHIP AND TRAINING UNDERTAKEN**

### **BPT Internship**

- District civil hospital Belgaum.
- KLES Hospital Belgaum.

### **MPT Clinical Postings**

- **Govt. Wenoek Hospital, Mangalore, Karnataka:**  
Duration: 2 years of posting  
Departments: NICU, PICU, SICU, MICU and Orthopedic, Neurology, Surgical and Medical wards.  
Duties performed: independently handling patients with head injury, intracranial hemorrhage, birth asphyxia, cerebral palsy, hemiplegia, paraplegia, post- surgical patients, spinal cord injuries etc.
- **E.S.I Hospital, Mangalore, Karnataka:**  
Duration: 2 years of posting.  
Departments: Cardiopulmonary wards and OPD.  
Duties performed: handling patients with cardiopulmonary conditions like asthma, bronchiectasis, pneumonia, lung abscess etc.
- **National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore, Karnataka:**  
Duration: 1 month posting. (2<sup>nd</sup> feb- 2<sup>nd</sup> march 2006)  
Departments: ICU, Neurology, Head Injury and Pediatric wards.

Duties performed: independent handling of patients with head injuries, congenital brain disorders, mental retardation, stroke, degenerative neurological disorders.

- **Wockhardt Hospital and Heart Institute**, Bangalore, Karnataka:

Duration of posting: 1 month.(3<sup>rd</sup> march- 3<sup>rd</sup> april 2006)

Duties performed: independent handling of Cardiac ICU and wards which included day and night duties.

- **Narayana Hrudayalaya**, Bangalore, Karnataka:

Duration of posting: 1 month.(1<sup>st</sup> jan- 1<sup>st</sup> feb 2006)

Duties performed: handling of patients in NICU, PICU, Pediatric and Adult Cardiac wards.

## **PROJECT UNDERTAKEN**

A study to determine the normative data for pediatric reach test in healthy children aged 5-15 years.

This study has tried to formulate a normative data for the pediatric reach test which was introduced by Duncan et.al. to test balance. This study consisted of 200 healthy children aged 5-15 years. Measurements of the height, weight and arm-length were taken for all the children and then they were asked to perform the reach test and their balance was measured. Also the **correlation** between the height, weight and arm-length with the reach measurements was also found.

This study concluded that the reach measurements were influenced majorly by the age and height.

## **PUBLICATIONS**

Normative Data for Functional Reach Test in Indian Children.

**Indian Journal of Physiotherapy & Occupational Therapy**: Apr-June 2011; 5(2):72-75 (4p)

## **CONTINUING MEDICAL EDUCATION (CME) ATTENDED**

- Post conference course on spinal segmental stabilization by **Dr. Jaspal Singh Sandhu** (23<sup>rd</sup> January 2007)
- Four days workshop on **Neurodevelopmental Therapy** by **Rajkumar Rajan, Bobath Institute, UK.** (8<sup>th</sup>-11<sup>th</sup> jan 2007)
- Two days workshop on **EMG, NCV and EMG feedback** by **Prof. S. Jayasrikanth. MPT.**(18<sup>th</sup> & 19<sup>th</sup> sept 2006)
- Seminar cum Exhibition of clinical outcome measures by **Dr. Ramprasad** (12<sup>th</sup> August 2006)
- One day program on **Research Methodology and Biostatistics** by **Mrs. Leela Dhawan.**(27<sup>th</sup> aug 2005)
- **Participated in Free Physiotherapy Assessment and Treatment Camp** (29<sup>th</sup> june- 3<sup>rd</sup> july 2004)
- **National CME Programme in Rheumatology** by **Dr. Arun Srivastava** (8<sup>th</sup> feb 2004)
- Two days workshop on **Cardiopulmonary Physiotherapy** by **Dr. Narasimman (MPT Cardiopulmonary)**

## **Special Assignments**

- Appointed as External examiner by Choudary Charan Singh University, Meerut to conduct exam in neurology for the final year students at **IMR Institute of Physiotherapy Ghaziabad.**

## **PROFESSIONAL REFERENCES**

Dr. Ramprasad,  
Principal  
Srinivas College of Physiotherapy, pandeshwar, Mangalore,  
Karnataka.

Dr. M.G. Mokashi  
HOD  
Dept. of Physiotherapy  
Jawaharlal Nehru Medical College, Belgaum  
Karnataka.