



## PRASHANT P. KASHYAP

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<b>Discipline</b>	: B.P.T. , M.P.T.
<b>Speciality</b>	: Cardiorespiratory and Intensive care (ICU)
<b>Education</b>	: Master in Physiotherapy from R.G.U.H.S, Karnataka, India (2002-2005) : Bachelor of Physiotherapy from R.G.U.H.S, Karnataka, India (1997-2002)
<b>Total years of Experience</b>	: 15 years (including PG program)
<b>Work Experience I</b>	: <b>College of Applied Medical Sciences, Dept. of Physical Therapy &amp; Health Rehabilitation, Majmaah University, Al' Majmaah, Saudi Arabia</b> <b>Staff Position:</b> Lecturer cum Clinical Therapist <b>Experience:</b> 7 Years ( February 2010 till date)

### **Duties and Responsibility:**

#### **As Lecturer:**

- To teach at undergraduate and graduate level in areas allocated by the Head of Department and reviewed from time to time by the Head of Department.
- To carry out research and produce publications or other research outputs, in line with personal objectives agreed in the Staff review process.
- To supervise or assist the students of undergraduate, graduate (Masters) or research graduate (MPhil/PhD) students.
- To contribute to the development, planning and implementation of a high quality curriculum.

#### **As Clinical Therapist:**

- To perform a thorough assessment based on the patient's complaints and clinical features presented by the patient.

- Emphasis on respiratory management to promote secretion clearance, maintain or recruit lung volume, in both the intubated and spontaneously breathing patient
- Optimisation of cardiopulmonary function using manual techniques: chest shaking and vibration, chest wall compression, chest clapping/ percussion.
- To plan and implement programs of physiotherapy including therapeutic exercise, manipulations, massage, education, the use of electro-therapeutic and other mechanical equipment and hydro-therapy
- To communicate with referring physician and other healthcare professionals regarding patients' problems, needs and progress.
- Providing the instructions of home program and counselling to the family members.

**Work Experience II**

**: Vikram Hospital Pvt Ltd. Mysore**

**Staff Position:** Chief Physiotherapist

**Bed Capacity:** 120 Beds

**Experience:** 1 Year 8 Months (June 2008 – January 2010)

**Duties and Responsibility**

- Management of the department including administration and finance.
- Continuous evaluation, documentation and physiotherapy management of patients following cardio-thoracic & vascular surgery. This includes pre-operative assessment, intensive care (pre & post extubation assessment and care, chest physiotherapy, bronchial hygiene by suction and nebulization)
- Post-myocardial infarction rehabilitation in the coronary care unit.
- Preventive cardiology, which includes lifestyle modification and exercise management.
- Assessment and treatment with specific protocol for all orthopedic procedure.
- Assessment of pulmonary function test and graded exercise therapy.
- Neuro Rehabilitation protocol with neurological deficits.
- Crisis management participated in resuscitation helping in emergency and elective intubations.
- Hand Rehabilitation.
- Pre discharge counseling following a specific protocol.

**Work Experience III**

**: Nargund College of Physiotherapy, Bangalore,  
Karnataka.**

**Staff Position:** Vice Principal / Assistant Professor

**Experience:** 3 ½ Years (October 2004 to June 2008)

**Duties and Responsibility**

- To participate in the interview, hiring and selection process of school staff
- To set the agenda for monthly staff meetings; form committees for teachers
- To arrange teachers' schedules, deciding which classes will be assigned.

- To resolve conflicts that arise between teachers, while regularly observing and evaluating teacher performance.
- To keep up with documentation on student discipline and progress.
- Actively involved in teaching the techniques of cardiorespiratory rehabilitation program, which involves theoretical and practical training of physiotherapy to the in-house trainees and intern students, from various colleges.

### **Workshops and CME:**

Workshops and CME were attended at regularly to keep updated with the current affairs and development in the field of Physical Therapy.

### **Achievement:**

- Resource person for a CME on “**Physiotherapy on Cardio respiratory Disorders**” to D.Y.Patil Medical College, Kholapur, Maharashtra, India.
- Member Board of Studies - D.Y. Patil University, Kolhapur, Maharashtra, India.

### **Trainings:**

- Training on **Hand rehabilitation** after trauma from Ganga Hospital, Coimbatore, India
- Training on “**GIGER MD**” newly specialized equipment for rehabilitation.
- Basic life support (BLS) training as a healthcare provider. (AHA certified)

### **Association with Professional Organizations:**

Life Member of Indian Association of Physiotherapists (IAP) Reg. No. **L 8452**

Life member of Indian Association of Epilpsy (IAE)

### **Personal Information:**

Father's Name : N. Prabhakara  
 Date of birth : 16-03-1979  
 Sex : Male  
 Marital status : Married  
 Religion : Hindu  
 Nationality : Indian  
 Languages Known : English, Kannada, Hindi, Marathi, Telugu.  
 Passport No : N2992881  
 DOI : 14 / 03 / 2016  
 DOE : 13 / 03 / 2026  
 POI : RIYADH, KINGDOM OF SAUDI ARABIA.

I, hereby declare that the above given information is true to the best of my knowledge.

**PRASHANT P. KASHYAP**